

Long Term Plan - PE



	Autumn Term		Spring Term		Summer Term	
Cycle 1						
Year 1 / Year 2	Ball Skills	Gymnastics	Dance	Invasion	Striking and Fielding	Athletics
Cycle 2						
Year 1 / Year 2	Fundamentals	Yoga	Fitness	Team Building	Sending and Receiving	Net and Wall
Cycle 1						
Year 3 / Year 4	Ball Skills	Gymnastics	Dance	Outdoor Adventurous Activities	Cricket	Athletics
Cycle 2						
Year 3 / Year 4	Netball	Yoga	Fitness	Hockey	Rounders	Tennis
Cycle 1						
Year 5 / Year 6	Basket Ball	Gymnastics	Dance	Football	Cricket	Athletics
Cycle 2						
Year 5 / Year 6	Dodge Ball	Yoga	Fitness	Tag Rugby	Rounders	Athletics