

# What's for lunch?



## Week 1

Weeks starting: 6th, 20th Sept  
4th, 18th Oct • 1st, 15th, 29th Nov  
13th Dec • 3rd, 17th, 31st Jan • 14th, 28th Feb  
14th, 28th Mar

**Chicken Curry (7) served with vegetable rice & mini naan bread (2,4,7,13,14)**

**Vegetarian option – Pasta (2,7) in tomato sauce**

**Chocolate berry sponge cake (2,4,7,13) served with custard (2,4,7,13,14)**

**Toad (1,2,9,13) in the hole (2,4,7) served with mashed potato (2,7,14), seasonal vegetables & gravy**

**Vegetarian Option – Vegetarian toad (13) in the hole (2,4,7) served with mashed potato (2,7,14), seasonal vegetables & gravy**

**Wellington Sponge cake (2,4,7,13) served with custard (2,4,7,13,14)**

**Homemade cheese (7) and tomato pizza (2,4,7,13) served with curly fries (2) and baked beans**

**Vegetarian Option – As above**

**Fruit flapjack (2,7) served with custard (2,4,7,13,14)**

**Roast turkey, Yorkshire pudding (2,4,7), roast potatoes (14), seasonal vegetables & gravy**

**Vegetarian Option – Vegetarian sausage (13) served with Yorkshire pudding (2,4,7), roast potatoes (14), seasonal vegetables & gravy**

**Coconut jam slice (2,4,7)**

**Fish (2,5,9) & chips served with peas, mushy peas or beans, bread (2) & butter (7)**

**Vegetarian Option - Vegetable nuggets (2) served with chips, peas or beans, bread (2) & butter (7)**

**Cooks mixture of Friday treats (2,4,7,13,14)**

## Week 2

Weeks starting: 13th, 27th Sept  
11th Oct • 8th, 22nd Nov  
6th Dec • 10th, 24th Jan • 7th Feb  
7th, 21st Mar • 4th April

**Meatballs (2) served with tomato pasta (2,7), seasonal vegetables and homemade garlic bread (2,4,7,13,14)**

**Vegetarian option – Vegetarian Meatballs (13) served with tomato pasta (2,7), seasonal vegetables and homemade garlic bread (2,4,7,13,14)**

**Treacle Sponge (2,4,7,13) served with custard (2,4,7,13,14)**

**Meat pie (2,4,7) served with mashed potato (2,7,14), carrots, broccoli & gravy**

**Vegetarian Option – Vegetable pie (2,4,7) served with mashed potato (2,7,14), carrots, broccoli & gravy**

**Chocolate shortcake (2,7,13) served with custard (2,4,7,13,14)**

**Lasagne (2,4,7) served with garlic bread (2,4,7,13,14) and seasonal vegetables**

**Vegetarian Option – Vegetable Lasagne (2,4,7) served with garlic bread (2,4,7,13,14) and seasonal vegetables**

**Raspberry swirl cake (2,4,7,13) served with custard (2,4,7,13,14)**

**Roast chicken, stuffing (2), roast potatoes (14), seasonal vegetables & gravy**

**Vegetarian Option – Vegetarian sausage (13) served with stuffing (2), roast potatoes (14), seasonal vegetables & gravy**

**Ice cream (7)**

**Fish (2,5,9) & chips served with peas, mushy peas or beans, bread (2) & butter (7)**

**Vegetarian Option - Vegetable nuggets (2) served with chips, peas or beans, bread (2) & butter (7)**

**Cooks mixture of Friday treats (2,4,7,13,14)**

## Also available daily

**Deli Bar (2,4,7,9)**

**Homemade bread (2,4,7,13)**

**Jacket potato with a choice of filling: beans, cheese (7) or tuna mayo (4,5,7,9)**

**Assorted sandwiches in bread (2) or wrap (2): ham, cheese (7) or tuna mayo (4,5,7,9)**

**Desserts: Fresh fruit salad, yoghurt (7), jelly, cheese (7) & crackers (2,7)**

**Drinks: Water, milk (7) or Juice (14)**

### Around the World Monday



### School Favourites Tuesday



### Wednesday



### Roast Thursday



### Fishy Friday



### Key

- |                             |  |
|-----------------------------|--|
| 1 Celery                    | 8 Molluscs                                   |
| 2 Cereals containing gluten | 9 Mustard                                    |
| 3 Crustaceans               | 10 Nuts                                      |
| 4 Eggs                      | 11 Peanuts                                   |
| 5 Fish                      | 12 Sesame Seeds                              |
| 6 Lupin                     | 13 Soya                                      |
| 7 Milk                      | 14 Sulphur Dioxide (also known as sulphites) |

