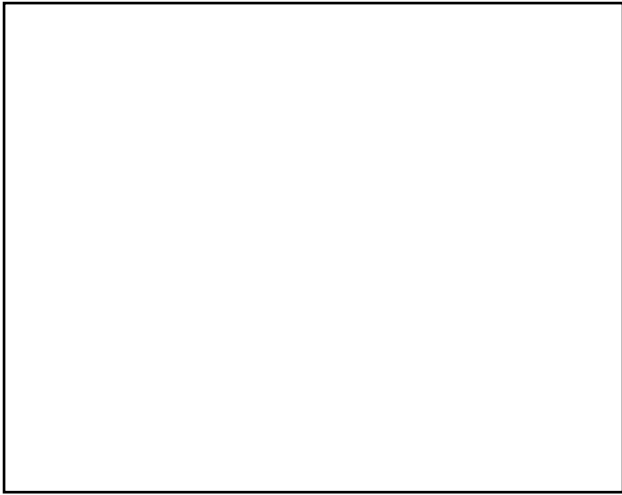
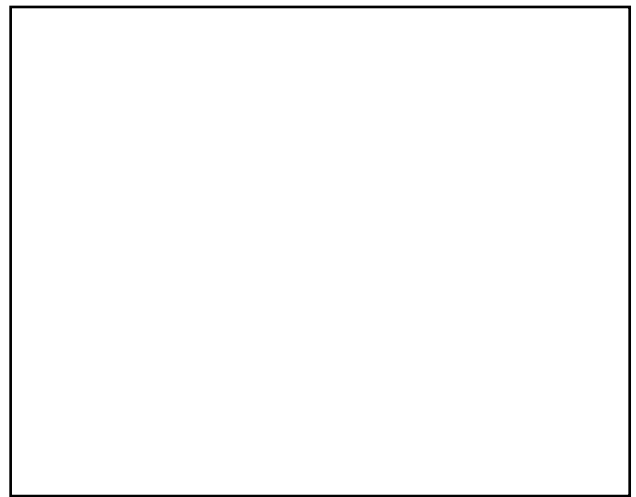


How can you lead a healthy lifestyle?





Healthy Lifestyle — Activity 2

Arrange the three elements from most important to least important and then give reasons as to why you have ordered them in that way.

You can draw an image of the healthy lifestyle choice and then write your reasoning in the box next to it.

Healthy lifestyle choice 1

Healthy lifestyle choice 2

Healthy lifestyle choice 3
